# AQAR 2023 - 2024





5.1.3 Capacity building and skills enhancement initiatives taken by the institution include the following 1. Soft skills 2. Language and communication skills 3. Life skills (Yoga, physical fitness, health and hygiene) 4. ICT/computing skill





# Report on Employability Skills Training Program For 2023 Admission UG and PG Students

### SOFT SKILL

Trainer: Benny Kurian, Life Skills Trainer

Organization: Synergy HR Solutions, Cochin

Training Dates: September 12 - September 20, 2023

Participants: 2023 Admission UG and PG Students

#### Introduction

Synergy HR Solutions organized an Employability Skills Training Program for the 2023 batch of undergraduate and postgraduate students, led by life skills expert Benny Kurian. The eight-day program was designed to equip students with the skills necessary to succeed in today's competitive job market. The training covered a broad range of soft skills, each essential for both personal and professional development.

#### **Objectives**

The primary goals of this program were to:

- 1. Enhance students' confidence and interpersonal skills to increase employability.
- 2. Introduce techniques for effective communication, teamwork, and conflict resolution.
- 3. Develop self-awareness and emotional management strategies.
- 4. Teach goal-setting and prioritization to improve productivity and focus.



VAZHITHALA P. O., THODUPUZHA







SANTHIGIRI COLLEGE OF COMPUTER SCIENCES VAZHITHALA P. O., THODUPUZHA

KERALA, PIN: 685 583





PRINCIPAL
SANTHIGIRI COLLEGE OF COMPUTER SCIENCES
VAZHITHALA P. O., THODUPUZHA
KERALA, PIN: 685 583







PRINCIPAL
SANTHBIRI COLLEGE OF COMPUTER SCIENCES
VAZHITHALA P. O., THODUPUZHA
KERALA, PIN: 685 583



# Report on Employability Skills Training Program For 2024Pass out UG and PG Students

### **SOFT SKILL**

Trainer: Angala Leya Eldon

**Organization:** SPS Academy, Chennai **Training Dates:** June 20 - July 4, 2023

Participants: 2024 Pass-out UG and PG Students

#### Introduction

SPS Academy, Chennai, conducted an Employability Skills Training Program from June 20 to July 4, 2023, specifically for undergraduate and postgraduate students set to graduate in 2024. Led by expert trainer Angala Leya Eldon, the program focused on equipping students with key employability skills essential for a smooth transition from academia to the professional world. Topics covered included interview skills, resume writing essentials, and practice through mock interviews.

#### The training Objectives

- 1. Prepare students to face job interviews confidently and professionally.
- 2. Help students create effective resumes that highlight their strengths.
- 3. Provide hands-on experience through mock interviews, enabling students to refine their responses and approach.

The training combined lectures with interactive, hands-on activities. Angala engaged students with real-life examples, group discussions, and practice sessions to reinforce learning. The mock interviews were particularly valuable, providing students with direct feedback and a chance to improve before facing actual job interviews.

PRINCIPAL SANTHIGIRI COLLEGE OF COMPUTER SCIENCES VAZHITHALA P. O., THODUPUZHA KERALA, PIN: 685 583

**CRITERION 5** 







PRINCIPAL
SANTHIGIRI COLLEGE OF COMPUTER SCIENCES
VAZINIHALA P. D., THODUPUZHA
KERALA, PIN: 685 583







# AQAR 2023 - 2024





5.1.3 Capacity building and skills enhancement initiatives taken by the institution include the following 1. Soft skills 2. Language and communication skills 3. Life skills (Yoga, physical fitness, health and hygiene) 4. ICT/computing skill





## **Training & Placement Cell**

#### Objectives of the Cell

The placement, training, and progression cell is responsible professional development and career advancement of students in our college.the placement, training, and progression cell aims to enhance students' employability, develop their professional skills, and ensure a smooth transition into the professional world.

#### **Major Responsibilities**

- Placement Assistance- Coordinating the entire placement process
- Industry Relations: inviting Companies for campus recruitment drives, inviting industry experts for guest lectures, organizing industry visits, conducting networking events.
- Training Programs: Resume writing, interview preparation, group discussions, aptitude tests, and technical skill development. Students are trained by internal/external trainers or industry professionals to conduct these programs.
- Internship Coordination: Assists students in finding relevant internships that align with their career goals.
- Alumni Relations: Alumni can contribute by sharing job opportunities, providing industry insights, and mentoring current students.
- Data Management and Analysis: Maintains records of student profiles, placement data, and industry feedbackthat data will beanalysed to identify trends, assess the effectiveness of training programs, and enhance future placement strategies.

#### PLACEMENT STATISTICS 2023-2024

| Sl. | Company Name       | Name        | Programme Name |
|-----|--------------------|-------------|----------------|
| No  |                    |             |                |
| 1   | Accenture          | ANEESHA C M | BCA            |
| 2   | Altos Technologies | KARTHIKA    | MCA            |
|     |                    | SANTHOSH    | FOF CDAIPUID   |

PRINCIPAL
SANTHIGIRI COLLEGE OF COMPUTER SCIENCES
VAZHITHALA P. O., THODUPUZHA



| 3  | Analytix Solutions              | SIVAMAYA SHAJI             | MCA  |  |
|----|---------------------------------|----------------------------|------|--|
| 4  | Deloitte                        | oitte VISHNUDATHAN K H BCA |      |  |
| 5  | F5_Decoders                     | Anju Saji                  | MCA  |  |
| 6  | F5_Decoders                     | Bijimol Saji               | MCA  |  |
| 7  | ICICI Prudential                | SHINE VARGHESE             | BBA  |  |
| 8  | ICICI Prudential                | Diana Shaji                | BBA  |  |
| 9  | Kottackal Business<br>Solutions | JIBIN BIJU                 | MCA  |  |
| 10 | Macrosive                       | Alex Jose                  | BCA  |  |
| 11 | Oxive Solutions                 | Georgekutty Binoy          | MCA  |  |
| 12 | Santhisoft Technologies         | ASWANY GHOSH               | BCA  |  |
| 13 | Solver ERP Solutions            | Bastin Prasad              | BCA  |  |
| 14 | TCS                             | Abhinav Dileep             | BCA  |  |
| 15 | TCS                             | Adithyan R                 | BCA  |  |
| 16 | TCS                             | ALAN GEORGE                | BCA  |  |
| 17 | TCS                             | AMINA M H                  | BCA  |  |
| 18 | TCS                             | AMRATHA LAL                | BCA  |  |
| 19 | TCS                             | AUGUSTINE JAMES            | BCA  |  |
| 20 | TCS                             | AYALIN ROY                 | BCA  |  |
| 21 | TCS                             | DEEPAK K M                 | BCA  |  |
| 22 | TCS                             | FATHIMA K<br>ABDULKHADAR   | BCA  |  |
| 23 | TCS                             | JACKSON J CHACKO           | BCA  |  |
| 24 | TCS                             | JAIN RAJU                  | BCA  |  |
| 25 | TCS                             | JERIN T JOSHY              | BCA  |  |
| 26 | TCS                             | JUDE PRAKASH BCA           |      |  |
| 27 | TCS                             | JUSTIN JAISON BCA          |      |  |
| 28 | TCS                             | LIKESON SAVIYO             | BCA  |  |
| 29 | TCS                             | LIKESY SAVIYO              | BCA  |  |
| 30 | TCS                             | MATHEWS P JOSE             | BCA  |  |
| 31 | TCS                             | MUHAMMED ASLAM             | BCA  |  |
| 32 | TCS                             | NANDANA SHAJI              | BCA: |  |



| 33 | TCS        | NEVIN MATHEW                            | DCA                      |  |
|----|------------|---|--------------------------|--|
|    |            | NEVIN MATHEW BCA                        |                          |  |
| 34 | TCS        | NICHOLES CHARLES BCA                    |                          |  |
| 35 | TCS        | POURNAMI RAJU BCA                       |                          |  |
| 36 | TCS        | SACHIN T R BCA                          |                          |  |
| 37 | TCS        | SALU K.BINU                             | BCA                      |  |
| 38 | TCS        | SAYANTH JOSE                            | BCA                      |  |
| 39 | TCS        | SHALIMA GEORGE                          | BCA                      |  |
| 40 | TCS        | SONA SAJI                               | BCA                      |  |
| 41 | TCS        | TESA MARIA SHIJU                        | BCA                      |  |
| 42 | TCS        | VISHNU BINU                             | BCA                      |  |
| 43 | TCS        | ANN MARY JOY                            | MCA                      |  |
| 44 | TCS        | ANJANA H                                | B.Com Finance & Taxation |  |
| 45 | TCS        | RENISH XAVIER                           | B.Com Finance & Taxation |  |
| 46 | TCS        | JOSEKUTTY GEORGE B.Com Finance & T      |                          |  |
| 47 | TCS        | VISHNUPRIYA C C B.Com Finance & Tax     |                          |  |
| 48 | TCS        | SHARON DENNY B.Com Finance &            |                          |  |
| 49 | TCS        | KARTHIK JIJI                            | B.Com Computer           |  |
|    |            |   | Application              |  |
| 50 | TCS        | BIBIN BINOY                             | B.Com Computer           |  |
|    |            |   | Application              |  |
| 51 | TCS        | Felix Pongola MCA                       |                          |  |
| 52 | TCS        | Amala Shibu                             | MCA                      |  |
| 53 | TCS        | Mathew Santi                            | BBA                      |  |
| 54 | TCS        | Sharath S Kumar                         | BBA                      |  |
| 55 | TCS        | Devajith Shaji BBA                      |                          |  |
| 56 | TCS        | Anisha Ann Saji B.Com Finance & Taxatio |                          |  |
| 57 | UST Global | Alfas Shaji BCA                         |                          |  |
| 58 | UST Global | Aleena Francis B.Com Finance & Taxatio  |                          |  |
| 59 | UST Global | Deon Shytus BCA                         |                          |  |
| 60 | UST Global | Anand S Kumar BBA                       |                          |  |
| 61 | UST Global | Ajay Biju                               | BCA                      |  |
| 62 | UST Global | Mahin T A                               | BCA                      |  |

THODUPUZHA KERALA 685 583

\*WZHITH

PRINCIPAL
MIHIGIRI COLLEGE OF COMPUTER SCIENCES
VAZHITHAL P. O., THODUPUTHA



| 63 | UST Global            | Anna Scaria      | BCA |
|----|-----------------------|------------------|-----|
| 64 | Yatnam Technologies   | Arjun T S        | MCA |
| 65 | NavajeevaKendram      | Cyril Sunny      | MSW |
| 66 | Blend Brands          | Dittumol Sani    | MSW |
|    | International LLP     |                  |     |
|    | Ernakulam             | ·                |     |
| 67 | SH Institution Pala   | Justin Geo James | MSW |
| 68 | Don Bosco College,    | Krishna V R      | MSW |
|    | Kannur                |                  |     |
| 69 | Divyarekshalayam,     | Rony T Joseph    | MSW |
|    | Thodupuzha            |                  |     |
| 70 | Don Bosco College,    | Sajith T D       | MSW |
|    | Sulthan Bathery       |                  |     |
| 71 | Trivandrum Medical    | Sarika B S       | MSW |
|    | College               |                  |     |
| 72 | Snehajyothi,          | Sophy Santhosh   | MSW |
|    | Parappuram            |                  |     |
| 73 | Don Bosco College,    | Adithya D U      | MSW |
|    | Thrissur              |                  |     |
| 74 | Shri Sadguru Seva     | Sneha Lonappan   | MSW |
|    | Sangh Trust, Anandpur |                  |     |



PRINCIPAL
SANTHIGIRI COLLEGE OF COMPUTER SCIENCES
VATHITHAIA P. O., THOODIPUZHA
KERALA, PIN: 685 583

# AQAR 2023 - 2024





5.1.3 Capacity building and skills enhancement initiatives taken by the institution include the following 1. Soft skills 2. Language and communication skills 3. Life skills (Yoga, physical fitness, health and hygiene) 4. ICT/computing skill





#### REPORT OF YOGA CELL

| Name of Duaguaga                      | VOCA TRADIDIC PROCESSIA  |
|---------------------------------------|--|
| Name of Programme                     | YOGA TRAINING PROGRAM  |
|                                       | YOGA can prepare the students physically and mentally for the  |
|                                       | integration of their physical, mental and spiritual faculties so that the  |
|                                       | students can become healthier and more integrated members of the   |
| Objective of the programme            | society and of the nation.   |
| Target audience / Batches             | Students of Santhigiri college   |
| Date Conducted                        | Every Wednesday  |
| Venue                                 | Chavara Indoor stadium, Santhigiri college, Vazhithala   |
| Time and Duration                     | 9.30 am to 10.30 am  |
|                                       | The programme covers an introduction to:      Astanga Yoga     Asanas     Pranayama  |
| Description of program                |  |
|                                       | Mr.Prasanth P  |
| Chief Guests/ speakers if any         | Ms.Saraswathi Antherjanam  |
|                                       | Remembering the day and appreciating the initiation taken by   |
| Content of speeches                   | social work trainees, Gandhian Ideologies, Awareness on Drugs  |
| No of Students participated           | selected college batches   |
| No of Faculties participated          | Faculties of the corresponding class   |
| Who organized it                      | YOGA CELL  |
| Outcome of program                    | <ul> <li>Helps to reduce stress and anxiety</li> <li>Helps to feel energetic throughout the day</li> <li>Helps to become mindful in your relationships</li> <li>Helps to get more in control of your feelings</li> </ul> |
| List supporting documents/Attachments | Photographs  |
| uocuments/Attachments                 |  |



PRINCIPAL
SANTHIGIRI COLLEGE OF COMPUTER SCIENCES
VAZHITHALA P. O., THODUPUZHA
KERALA, PIN: 685 583



# **Yoga Day Celebration Report**

Date: June 21, 2024

**Venue: Seminar Hall** 

Time: 10:30 AM

The Yoga Day celebration at our institution was a rejuvenating and enlightening event. Ms. Saraswathy Antharjanam, our esteemed resource person, graced the occasion with her profound knowledge and passion for yoga.

### **Program Highlights:**

- Lecture by Ms. Saraswathy Antharjanam:
- Ms. Saraswathy Antharjanam, a yoga practitioner and teacher, delivered an insightful lecture on the importance and significance of yoga in today's fast-paced world.
- She emphasized the holistic benefits of yoga, including physical fitness, mental well-being, and spiritual growth.
- Students were captivated by her wisdom and practical tips for incorporating yoga into their daily lives.

#### **Duration:**

The program lasted for **one hour**, during which students actively participated, asked questions, and absorbed the essence of yoga.

### **Key Takeaways:**

- Mind-Body Connection: Ms. Antharjanam stressed the need to harmonize mind and body through yoga postures (asanas) and breathing techniques (pranayama).
- Stress Management: She highlighted how yoga can alleviate stress, improve concentration, and enhance overall productivity.
- **Community Bonding**: The event fostered a sense of community among students, encouraging them to explore yoga as a shared practice.

# **Closing Remarks:**

As the session concluded, students expressed gratitude to Ms. Saraswathy Antharjanam for her enlightening discourse. The Yoga Day celebration left everyone inspired and motivated to embark on their personal yoga journey.

We extend our heartfelt thanks to Ms. Antharjanam for her valuable insights and look forward to more such enriching sessions in the future.

Report Prepared by:

Mr.Prasanth P

Ms. Saraswathy Antharjanam

THOOURYTHA CESTS OF WAITHING

PRINCIPAL
SANTHIGIRI COLLEGE OF COMPUTER SCIENCES
VAZHITHMAN P. O. THONIIPIZHA

KERALA, PIN: 685 583





THOURNINA KENALA COMPUTED AND THE PROPERTY OF THE PROPERTY OF

PRINCIPAL
SANTHIGIRI COLLEGE OF COMPUTER SCIENCES
VAZHITHALA P. O., THODUPUZHA
KERALA, PIN: 685 583







# INTERNATIONAL YOGA DAY CELEBRATION

### **Resource Person**



Ms. Saraswathi Antherjanam M.Sc. Yoga



21<sup>ST</sup>
JUNE
2024

Time : 10.30 AM

**Venue: Seminar Hall** 

ORGANISED BY NSS & YOGA CLUB IN ASSOCIATION WITH IQAC



Julhor)

PRINCIPAL
SANTHIGIRI COLLEGE OF COMPUTER SCIENCES
VAZHITHALA P. O. THODUBUZZIA

KERALA, PIN: 685 583







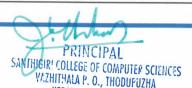
PRINCIPAL
SANTHIGIRI COLLEGE DE COMPUTER SCIL
VAZHITHALA P. O., THODUPUZHA
KERALA, PIN: 685 583



# REPORT ON HOLISTIC AND MENTORING CELL

| Objective of the programme To ensure better study habits, character forms student- teacher relationship  Target audience / Batches All students  Holistic for 3 <sup>rd</sup> semester UG students  Mentoring for all semesters  Venue Class room/online platform  Time and Duration holistic -30 hrs Mentoring have no time duration | ation, interpersonal relationship, |
|---|------------------------------------|
| Date Conducted  Holistic for 3 <sup>rd</sup> semester UG students  Mentoring for all semesters  Venue  Class room/online platform  Time and Duration  holistic -30 hrs  |                                    |
| Venue  Class room/online platform  Time and Duration holistic -30 hrs   |                                    |
| Venue Class room/online platform  Time and Duration holistic -30 hrs  |                                    |
| Time and Duration holistic -30 hrs  |                                    |
|   |                                    |
|   |                                    |
| Description of program Holistic   |                                    |
|   |                                    |
| Holistic education is the College Cert     Education Programme offered by Santhigiri     Under graduate students.   |                                    |
| 2. According to the time table there s syllabus for 3rd Semester UG Classes.  | hould be holistic classes based on |
| 3. In the academic year 2023-2024 the "Life Skill and Holistic Education".  | e name of the programme will be    |
| 4. Syllabus, Result publication and completed by holistic cell.   | certificate distribution will be   |
|   | ,                                  |
| Mentoring   |                                    |
| 1. Mentoring will be provided all studer  | nts of Santhigiri College          |
| 2. Mentors are required to meet the semester  | ir mentees at least 2 times in a   |
| 3. Every year training will be provided f efficiently   | for mentors to carry out mentoring |
| 4. Mentors should enter mentoring det   | ails in Embase Pro Suit.           |
| 5. Faculties are required to keep recoracademic year submit to the mentoring cell.  | rds confidentially and end of each |







| No. of Students participated  | Entire students             |                 |                         |
|-------------------------------|-----------------------------|-----------------|-------------------------|
| No. of Faculties participated | Entire faculty              |                 |                         |
| Who organized it              | Holistic and mentoring cell |                 |                         |
| List supporting               | TOPIC                       | PROGRAMME/BATC  | FACULTY                 |
| documents/Attachments         |                             |                 | DalbinaDalan            |
|                               |                             | BCA A           | GibinGeorge             |
|                               |                             |                 | SijiAntony              |
|                               |                             | BCA B           | Rajesh A,V              |
| ix.                           |                             | BCOMCA ANDF&T   | Sharafudeen PJ          |
|                               | PersonalSkills              |                 | Ashish Kuruvilla        |
|                               |                             |                 | DivyaJose               |
|                               |                             | BBA             | Jomol Joy               |
|                               |                             | DA O DOVELLO CO | PrasanthP               |
| *                             |                             | BA & PSYCHOLOGY | Ginto K Paulose         |
|                               | ν,                          |                 | Jismon Augustine        |
| ·                             |                             | BCA A           | LeemaGeorge             |
|                               |                             |                 | RemyaR                  |
|                               |                             | BCA B           | DeepaM                  |
|                               |                             | DCC1464 411D507 | AmbiliV                 |
|                               | InterpersonalSkill          | BCOMCA ANDF&T   | ManjuP.K.               |
| *                             | S                           | 224             | Haarrish Sabu           |
|                               |                             | BBA             | Sr. Dr. BindhuGeorge    |
|                               |                             | BA & PSYCHOLOGY | Merin Litty             |
|                               |                             |                 | Aswathy Murali          |
|                               |                             |                 | Dr.NeethaThomas         |
| 2. *                          |                             | BCA A           | Mariam Renji            |
| *                             |                             |                 | Deepa Joseph            |
| °a, - *                       |                             | BCA B           | Treesa Thomas           |
|                               |                             |                 | Shan Baby               |
|                               | SocietalSkills              | BCOMCA ANDF&T   | Sreya Krishna           |
| *                             |                             |                 | ShibuAbraham            |
|                               |                             | BBA             | Seby Abraham            |
|                               |                             |                 | AmilKrishna             |
| ř.                            |                             | BA & PSYCHOLOGY | MidhunP.M.              |
|                               |                             |                 | SigmaSathyan            |
|                               |                             | BCA A           | Amitha Joseph/Mejo John |
|                               |                             |                 | AnumolJoy               |
|                               | P                           | BCA B           | SujaThomas              |
|                               |                             |                 | -                       |
|                               | Hoolth And Llygian          | DCOMCA ANDERT   | Dr.Shibi A V            |
|                               | HealthAndHygien             | BCOMCA ANDF&T   | Saraswathi              |
|                               | е                           |                 | Antherjanam             |
|                               |                             | BBA             | Alwin Jose              |
|                               |                             |                 | Jeesma Clement          |
| *                             |                             | BA & PSYCHOLOGY | Therese Shaji           |
| at 2                          |                             |                 | Divya Abhilash          |



PRINCIPAL

SANTHIGIR! COLLEGE OF COMPUTER SCIENCES

VAZHITHALA P. O., THODUPUZHA

KERALA, PIN: 685 583



# HolisticSyllabus

|                     | Goalsetting                   |  |  |
|---------------------|-------------------------------|--|--|
|                     | ManagingTechnologies          |  |  |
|                     | Perseverance and positivity   |  |  |
| DavasaslOkilla      | Artoflistening                |  |  |
| PersonalSkills      | Spirituality                  |  |  |
|                     | HandlingStress                |  |  |
|                     | Overcomefearoffailure         |  |  |
|                     | Emotionalintelligence         |  |  |
|                     | Humilityandself-Assertion     |  |  |
| ~                   | Leadingandfollowing           |  |  |
| InterpersonalSkills | Respect forothers             |  |  |
| The personal online | ThinkWin-Win                  |  |  |
|                     | SentimentsandProfessionalism  |  |  |
|                     | Blocksinrelationships         |  |  |
|                     | Angermanagement               |  |  |
| ,                   | Meaningfulrelationships       |  |  |
|                     | ResponsibleCitizenry          |  |  |
|                     | WasteManagement               |  |  |
| SocietalSkills      | Water Conservation            |  |  |
| Cooletalokiilo      | Safe guardingpublic property  |  |  |
|                     | SocialNetworking ·            |  |  |
|                     | GenderSensitization           |  |  |
| -                   | Interculturalcompetence       |  |  |
|                     | ConsciousConsumerism          |  |  |
|                     | Substanceabuse                |  |  |
|                     | Stressmanagement              |  |  |
| HealthandHygiene    | Defencemechanisms             |  |  |
| Treatment Tygiene   | Sexuallytransmitteddiseases   |  |  |
| ¥ *                 | Firstaids                     |  |  |
|                     | Pollutionhazardsandprevention |  |  |
|                     | HealthproblemsofInternet &    |  |  |
|                     | Mobileaddiction               |  |  |
|                     | Girlssafetymeasures           |  |  |

Sr.Dr. Sindu George (Coordinator)

Ms. Deepa M



PRINCIPAL
SANHIGIR! COLLEGE OF COMPUTER SCIENCES
VIZHITHALA P. O., THODUPUZHA
KERALA, PIN: 685 583